

BLUE RIVERS AREA AGENCY ON AGING ADVISORY COUNCIL

Minutes

Regular Meeting

March 20, 2019

A regular meeting of the Advisory Council of Blue Rivers Agency on Aging was called to order at 12:00 p.m. at the Blue Rivers Area Agency on Aging, 103 Eastside Blvd., Beatrice, NE 68310.

Council members present were: Janice Price, Lisa Westerfield, Jessica Gerdes, Tracy Wieckhorst, and Marva Honea.

Blue Rivers Agency on Aging staff members present were: Zoe Olson, Executive Director, and Tracie Fossler, Administrative Assistant.

Price, Chair, presided over the meeting and Fossler recorded the minutes of the meeting.

MOTION by Wieckhorst to approve the agenda as printed; second by Gerdes; voice vote; motion carried.

MOTION by Gerdes to approve the minutes of November 28, 2018 as printed; second by Honea; voice vote; motion carried.

UPDATE ON BLUE RIVERS AREA AGENCY ON AGING

Olson reported that:

- There were four days this winter that the agency was closed due to the weather.
- Starting April 1, 2019 transportation will be having scheduled times to go to Walmart and times to be picked up here in Beatrice. This will help free up time for more medical appointments.
- Diller Senior Center closed as of March 1, 2019 as Betty Hubka has retired. All meals will now be home delivered in Diller.
- We are taking orders for a shelf stable meal program to go with our disaster plan. People can sign up to receive a seven meal package with one meal for seven days. They will be offered for a \$4 suggested contribution per meal for a total of \$28 for persons' age 60 and older. And for a \$28 fee for anyone under age 60. Delivery will be in April for the Spring/Summer kits. And they will be offered again in October. Each meal meets one-third of the RDA and DRI standards required for the Older Americans' Act Title III-C nutrition programs.
- Senior Day at the Capitol on February 26, 2019 went well. They were expecting 42 people but only approximately 20 came due to the weather. Olson met with Senators Dorn and Brandt. We will be asking them to join Care Management on home visits in the future, so they can see what all we do.
- Since July 1, 2019 we have had issues with the State Unit releasing federal funds to us.

- April 7 – 13, 2019 is Public Transit Week. Beatrice Ford will be hosting a “Driven to Give” fundraiser Friday, April 12 for Beatrice to purchase a new bus. Beatrice, Nebraska City and Syracuse are needing to purchase new busses.
- The 2020-2023 Area Plan is due April 1, 2019. When getting ready for writing the Area Plan, surveys were sent out to Housekeeping and Handyman clients, Care Management clients, Respite Clients, contract nutrition sites and in the February Table Talk. We received 255 surveys back. There was a lot of good input on them.
- FY2020 Budget was approved by the Governing Board on February 4, 2019. The taxonomy has changed. Meal Service has declined 4%, NSIP meals have declined by 2%, We have picked up more Title XX meals and home delivered meals have declined by 6.85%. We need to look into the Nutrition Program for the future.

MOTION by Wieckhorst to approve the FY2020 Budget, second by Honea; voice vote; motion carried.

ADVISORY REVIEW STATEMENTS were distributed to members to approve and sign for the Area Budget and Area Plan Update.

MOTION by Gerdes to approve the Area Budget and Area Plan Update; second by Wieckhorst; voice vote; motion carried.

COUNTY UPDATES

- Richardson County: Honea reported that there are no issues at the senior center and they are having more activities.
- Gage County: Price reported that the Senior Center had been working on getting approved to provide Title XX meals. They have been approved and are awaiting their Letter of Approval. They then need to work on getting the word out that they can provide the Title XX meals. They are working on their award with Blue Rivers Area Agency on Aging now. Numbers were down during the winter. They get a good crowd on evening meals, but not all of them come in for lunch. They have a lot that come to play cards, but not all eat there.
- Nemaha County: Gerdes reported that she had been considered to be on the Senior Center Advisory Comity but it was filled with someone else. The Senior Center numbers are down, and nothing to report on transportation.
- Otoe County: Wieckhorst reported that she had discussions with others interested in starting a Senior Center. But there did not realize what all goes into starting, running and funding a center.
- Johnson County: Westerfield reported that Johnson County has had a lot of Home Health referrals for pediatrics. The hospital is sending patients home to early. Westerfield suggested maybe considering doing a summer meal program for children. Children can go to the Senior Centers to eat but must pay the \$6 full price for the meals. Suggested doing something for more awareness about the Senior Centers in communities that there are not a lot of options for children who can stay at home during the summer.

NEXT COUNCIL MEETING

The next Advisory Council meeting will be Tuesday June 4, 2019 at the Blue Rivers Area Agency on Aging offices in Beatrice. The meeting will begin at 12:00 p.m. and lunch will be during the meeting

The meeting was adjourned at 2:30 p.m.

Tracie Fossler

DRAFT